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# WORK, HEALTH, AND WELL-BEING:

## ACHIEVING WORKER HEALTH

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MAY 3 – 6, 2021 | ONLINE



**HARVARD**  
**T.H. CHAN**

**SCHOOL OF PUBLIC HEALTH**

Executive and Continuing  
Professional Education

# IMPROVE EMPLOYEE HEALTH WHILE GAINING A COMPETITIVE ADVANTAGE

This applied course provides the full set of skills you need to improve worker health, safety, and well-being at your workplace through Total Worker Health® best practices.

The industry's top experts will teach you how to integrate occupational health and safety programs with other workplace efforts to advance employee health for the greatest success.

These practices will ultimately help your organization achieve Total Worker Health, which has been proven not only to enhance employees' physical and mental health, but also improve work-life balance, productivity, and marketplace performance – and save money by reducing waste and health costs.

LEARN MORE AT  
**[HSPH.ME/WORKPLACE-HEALTH](https://hsph.me/workplace-health)**



# WHO SHOULD APPLY

This program is ideal for professionals with direct responsibility for the health, safety, and well-being of employees, as well as those who are designing or directing health protection and health promotion programs, including:

- Chief medical officers
- Environmental health and safety directors and managers
- Medical directors
- Occupational health directors and managers
- Occupational health nurses
- Occupational physicians
- Wellness directors and managers

Professionals with the following functional responsibilities are also encouraged to attend:

- Employee benefits
- Environmental health and safety
- Employee health, productivity, and well-being
- Human resources
- Occupational health and safety
- Occupational medicine
- Wellness

CLINICIANS

EHS  
PROFESSIONALS

ADMINISTRATORS

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# LEARNING OBJECTIVES

Make the business case for organizational approaches to worker safety, health, and well-being

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Describe specific enterprise outcomes that improve with improved worker safety, health, and well-being

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Translate successful workplace safety, health, and well-being studies into solutions for their workplaces through improving organizational policies, programs, and practices

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Articulate the components of implementing organizational change efforts to impact worker safety, health, and well-being

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Create worker safety, health, and well-being objectives to drive the development and implementation of action plans within the organization

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Formulate strategic approaches to include others in the organization to create the objectives and implement action plans to reach the program's stated goals

“ This has been the most fruitful and exciting course I have attended. I feel equipped to speak the language and be more forward with value proposition of work wellness in the corporate setting. ”

Britta Reiersen  
Physician  
Park Nicollet HealthPartners

## PROGRAM DIRECTORS



**Jack Dennerlein, PhD** is an Adjunct Professor of Ergonomics and Safety in the Department of Environmental Health and Associate Director for the Center for Work, Health and Well-being at the Harvard T.H. Chan School of Public Health. Dr. Dennerlein is also a Professor in the Department of Physical Therapy, Movement, and Rehabilitation Sciences at Bouvè College of Health Sciences at Northeastern University. He has over two decades of experience in occupational safety and health research where he has led several workplace intervention studies to improve worker safety, health, and well-being.


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**Nico Pronk, PhD** is an Adjunct Professor of Social and Behavioral Sciences in the Department of Social and Behavioral Sciences at the Harvard Chan School. He is also President at HealthPartners Institute and Chief Science Officer at HealthPartners, as well as the founding president of the International Association for Worksite Health Promotion. Dr. Pronk is widely published in both the scientific and practice literature and is a national and international speaker on population health, and health promotion.

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## PROGRAM FORMAT

This program will be delivered **online daily from 9AM – 1PM ET**, with slight timing variations, in a live, synchronous format. 



“ I found this course very valuable for understanding the correlation between health outcomes and work conditions. It provided me with tools and guides to effectively implement a more integrated approach to safety and health and wellness.”

Christian Rodriguez  
Vice President of Environment, Health and Safety  
Wajax

## PROGRAM HIGHLIGHTS

Develop a roadmap for integrating your company's occupational safety and health promotion programs

Gain the skills to make the case for Total Worker Health

Learn how to improve employee health, minimize work-related injuries and illnesses, and save money by decreasing health care costs

Master how to make the business case for integrated worker safety, health, and well-being programs

Learn from leading Harvard faculty conducting cutting-edge research and other industry experts

## PROGRAM DETAILS

For more information regarding program fees and our substitution and cancellation policies, please visit **hsph.me/workplace-health**. For a full list of Executive and Continuing Professional Education courses, visit [hsph.me/portfolio](https://hsph.me/portfolio).

## CONTINUING EDUCATION CREDITS

This program is accredited by Harvard T.H. Chan School of Public Health. Credit types and amounts will be determined once the agenda has been finalized. This may be subject to change.

## PROGRAM FORMAT

This program will be delivered online daily from 9AM – 1PM ET, with slight timing variations, in a live, synchronous format.

### HAVE QUESTIONS?

For more information, please contact us at (617) 432-2100 or [contedu@hsph.harvard.edu](mailto:contedu@hsph.harvard.edu).

## ABOUT HARVARD T.H. CHAN SCHOOL OF PUBLIC HEALTH EXECUTIVE AND CONTINUING PROFESSIONAL EDUCATION

We prepare individuals and organizations to solve the most pressing global public health and health care challenges. Leaders in government, corporate, and nonprofit sectors around the world attend programs, which provide strategies for addressing the critical issues facing their organizations with proven tactics that drive change.



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